

Wettkampf 12 - 1500m Freistil mixed

Männlich AK 60

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Schumacher, Ulrich	1961/AK 60	Sportfreunde Sennestadt	28:10,53
	100m: 01:34,57 (01:34,57) 200m: 03:28,38 (01:53,81) 300m: 05:23,37 (01:54,99) 400m: 07:17,39 (01:54,02)			
	500m: 09:11,86 (01:54,47) 600m: 11:05,68 (01:53,82) 700m: 12:59,46 (01:53,78) 800m: 14:53,77 (01:54,31)			
	900m: 16:47,63 (01:53,86) 1000m: 18:41,46 (01:53,83) 1100m: 20:36,41 (01:54,95) 1200m: 22:31,71 (01:55,30)			
	1300m: 24:27,02 (01:55,31) 1400m: 26:21,81 (01:54,79) 1500m: 28:10,53 (01:48,72)			
2.				
	Laschinski, Dietmar	1962/AK 60	SG Gladbeck/Recklinghausen	29:45,33
	100m: 01:39,96 (01:39,96) 200m: 03:41,38 (02:01,42) 300m: 05:44,06 (02:02,68) 400m: 07:46,37 (02:02,31)			
	500m: 09:46,82 (02:00,45) 600m: 11:48,93 (02:02,11) 700m: 13:53,45 (02:04,52) 800m: 15:53,85 (02:00,40)			
	900m: 17:54,49 (02:00,64) 1000m: 19:54,96 (02:00,47) 1100m: 21:54,71 (01:59,75) 1200m: 23:54,30 (01:59,59)			
	1300m: 25:56,78 (02:02,48) 1400m: 27:47,29 (01:50,51) 1500m: 29:45,33 (01:58,04)			
<u>abgemeldet</u>				
	Ueberhorst, Dirk	1962/AK 60	SG Rhein-Sieg	

Männlich AK 55

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Krichel, Alain	1969/AK 55	SV Übach-Palenberg	26:25,67
	100m: 01:34,51 (01:34,51) 200m: 03:18,63 (01:44,12) 300m: 05:05,61 (01:46,98) 400m: 06:51,66 (01:46,05)			
	500m: 08:38,03 (01:46,37) 600m: 10:25,04 (01:47,01) 700m: 12:10,98 (01:45,94) 800m: 13:58,68 (01:47,70)			
	900m: 15:46,07 (01:47,39) 1000m: 17:32,99 (01:46,92) 1100m: 19:21,62 (01:48,63) 1200m: 21:10,27 (01:48,65)			
	1300m: 22:57,48 (01:47,21) 1400m: 24:45,69 (01:48,21) 1500m: 26:25,67 (01:39,98)			
2.				
	Heuer, Wolfgang	1965/AK 55	SV Übach-Palenberg	27:33,96
	100m: 01:33,60 (01:33,60) 200m: 03:19,59 (01:45,99) 300m: 05:09,87 (01:50,28) 400m: 07:00,05 (01:50,18)			
	500m: 08:50,16 (01:50,11) 600m: 10:40,88 (01:50,72) 700m: 12:33,39 (01:52,51) 800m: 14:26,27 (01:52,88)			
	900m: 16:18,70 (01:52,43) 1000m: 18:10,97 (01:52,27) 1100m: 20:04,38 (01:53,41) 1200m: 21:57,60 (01:53,22)			
	1300m: 23:50,84 (01:53,24) 1400m: 25:44,96 (01:54,12) 1500m: 27:33,96 (01:49,00)			

Männlich AK 50

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Ropohl, Oliver	1972/AK 50	SC Aqua Köln	23:06,41
	100m: 01:20,90 (01:20,90) 200m: 02:51,04 (01:30,14) 300m: 04:23,40 (01:32,36) 400m: 05:56,38 (01:32,98)			
	500m: 07:30,22 (01:33,84) 600m: 09:03,82 (01:33,60) 700m: 10:38,50 (01:34,68) 800m: 12:13,21 (01:34,71)			
	900m: 13:46,89 (01:33,68) 1000m: 15:20,74 (01:33,85) 1100m: 16:54,34 (01:33,60) 1200m: 18:28,96 (01:34,62)			
	1300m: 20:04,03 (01:35,07) 1400m: 21:37,98 (01:33,95) 1500m: 23:06,41 (01:28,43)			

Männlich AK 45

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Klemke, Frank	1978/AK 45	SF Unna 01/10	21:47,44
	100m: 01:19,06 (01:19,06) 200m: 02:44,25 (01:25,19) 300m: 04:11,03 (01:26,78) 400m: 05:37,95 (01:26,92)			
	500m: 07:05,64 (01:27,69) 600m: 08:34,36 (01:28,72) 700m: 10:02,25 (01:27,89) 800m: 11:35,65 (01:33,40)			
	900m: 12:59,22 (01:23,57) 1000m: 14:27,86 (01:28,64) 1100m: 15:55,99 (01:28,13) 1200m: 17:24,18 (01:28,19)			
	1300m: 18:52,20 (01:28,02) 1400m: 20:20,49 (01:28,29) 1500m: 21:47,44 (01:26,95)			

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noch Männlich AK 45

Platz	Schwimmer	Jg.	Verein	Endzeit
2.	Hahne, Matthias	1975/AK 45	Düsseldorf Dolphins	26:25,05
100m: 01:32,26 (01:32,26) 200m: 03:17,56 (01:45,30) 300m: 05:03,83 (01:46,27) 400m: 06:50,54 (01:46,71)				
500m: 08:36,71 (01:46,17) 600m: 10:23,53 (01:46,82) 700m: 12:10,01 (01:46,48) 800m: 13:57,37 (01:47,36)				
900m: 15:43,68 (01:46,31) 1000m: 17:31,64 (01:47,96) 1100m: 19:20,03 (01:48,39) 1200m: 21:07,29 (01:47,26)				
1300m: 22:55,56 (01:48,27) 1400m: 24:44,72 (01:49,16) 1500m: 26:25,05 (01:40,33)				

Männlich AK 40

Platz	Schwimmer	Jg.	Verein	Endzeit
	<u>nicht am Start</u>			
	Gerner, Bastian	1983/AK 40	Düsseldorfer SC 1898	

Männlich AK 35

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Guillén Garcia, Marcos	1989/AK 35	Düsseldorfer SC 1898	19:25,99
100m: 01:08,85 (01:08,85) 200m: 02:24,40 (01:15,55) 300m: 03:42,77 (01:18,37) 400m: 05:01,13 (01:18,36)				
500m: 06:19,90 (01:18,77) 600m: 07:39,83 (01:19,93) 700m: 08:54,67 (01:14,84) 800m: 10:18,18 (01:23,51)				
900m: 11:35,97 (01:17,79) 1000m: 12:53,72 (01:17,75) 1100m: 14:11,77 (01:18,05) 1200m: 15:30,43 (01:18,66)				
1300m: 16:50,07 (01:19,64) 1400m: 18:09,64 (01:19,57) 1500m: 19:25,99 (01:16,35)				
2.	Rump, Niko	1986/AK 35	SG Niederrhein	22:03,06
100m: 01:16,58 (01:16,58) 200m: 02:41,71 (01:25,13) 300m: 04:09,72 (01:28,01) 400m: 05:38,43 (01:28,71)				
500m: 07:07,84 (01:29,41) 600m: 08:37,11 (01:29,27) 700m: 10:05,75 (01:28,64) 800m: 11:36,81 (01:31,06)				
900m: 13:06,97 (01:30,16) 1000m: 14:36,90 (01:29,93) 1100m: 16:08,49 (01:31,59) 1200m: 17:38,38 (01:29,89)				
1300m: 19:08,32 (01:29,94) 1400m: 20:36,76 (01:28,44) 1500m: 22:03,06 (01:26,30)				
3.	Hupka, Robert	1989/AK 35	SV Greven	22:27,31
100m: 01:18,27 (01:18,27) 200m: 02:46,55 (01:28,28) 300m: 04:16,64 (01:30,09) 400m: 05:47,48 (01:30,84)				
500m: 07:18,89 (01:31,41) 600m: 08:49,45 (01:30,56) 700m: 10:21,16 (01:31,71) 800m: 11:52,32 (01:31,16)				
900m: 13:24,14 (01:31,82) 1000m: 14:56,81 (01:32,67) 1100m: 16:27,88 (01:31,07) 1200m: 17:59,76 (01:31,88)				
1300m: 19:30,12 (01:30,36) 1400m: 21:00,47 (01:30,35) 1500m: 22:27,31 (01:26,84)				

Männlich AK 30

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Versteeg, Rolf Baldwin	1990/AK 30	SC Aqua Köln	20:38,59
100m: 01:16,04 (01:16,04) 200m: 02:40,41 (01:24,37) 300m: 04:05,45 (01:25,04) 400m: 05:29,89 (01:24,44)				
500m: 06:54,73 (01:24,84) 600m: 08:18,58 (01:23,85) 700m: 09:42,01 (01:23,43) 800m: 11:05,65 (01:23,64)				
900m: 12:28,74 (01:23,09) 1000m: 13:52,90 (01:24,16) 1100m: 15:16,65 (01:23,75) 1200m: 16:39,02 (01:22,37)				
1300m: 18:01,06 (01:22,04) 1400m: 19:22,35 (01:21,29) 1500m: 20:38,59 (01:16,24)				

Männlich AK 20

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Knein, Pascal	2004/AK 20	SG Erkelenz-Hückelhoven	19:30,46
100m: 01:09,56 (01:09,56) 200m: 02:24,76 (01:15,20) 300m: 03:41,78 (01:17,02) 400m: 04:58,82 (01:17,04)				
500m: 06:16,53 (01:17,71) 600m: 07:35,41 (01:18,88) 700m: 08:54,65 (01:19,24) 800m: 10:14,50 (01:19,85)				
900m: 11:34,84 (01:20,34) 1000m: 12:54,85 (01:20,01) 1100m: 14:14,22 (01:19,37) 1200m: 15:34,43 (01:20,21)				
1300m: 16:54,89 (01:20,46) 1400m: 18:14,45 (01:19,56) 1500m: 19:30,46 (01:16,01)				

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noch Männlich AK 20

Platz	Schwimmer	Jg.	Verein	Endzeit
2.	Kaygusuz, Noah	2004/AK 20	SC Wiking Herne 1921	20:42,68
	100m: 01:12,91 (01:12,91) 200m: 02:32,74 (01:19,83) 300m: 03:54,74 (01:22,00) 400m: 05:17,04 (01:22,30)			
	500m: 06:40,57 (01:23,53) 600m: 08:05,65 (01:25,08) 700m: 09:30,33 (01:24,68) 800m: 10:55,05 (01:24,72)			
	900m: 12:20,75 (01:25,70) 1000m: 13:44,86 (01:24,11) 1100m: 15:09,56 (01:24,70) 1200m: 16:34,67 (01:25,11)			
	1300m: 17:59,52 (01:24,85) 1400m: 19:23,60 (01:24,08) 1500m: 20:42,68 (01:19,08)			

Weiblich AK 60

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Radermacher, Dr. Ilona	1960/AK 60	SG Mönchengladbach	24:54,33
	100m: 01:29,35 (01:29,35) 200m: 03:07,71 (01:38,36) 300m: 04:47,65 (01:39,94) 400m: 06:28,37 (01:40,72)			
	500m: 08:08,71 (01:40,34) 600m: 09:49,62 (01:40,91) 700m: 11:30,14 (01:40,52) 800m: 13:11,18 (01:41,04)			
	900m: 14:52,52 (01:41,34) 1000m: 16:33,42 (01:40,90) 1100m: 18:14,45 (01:41,03) 1200m: 19:54,93 (01:40,48)			
	1300m: 21:35,82 (01:40,89) 1400m: 23:16,60 (01:40,78) 1500m: 24:54,33 (01:37,73)			

Weiblich AK 55

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Kränsel, Irena	1968/AK 55	SG Wuppertal	25:12,42
	100m: 01:31,04 (01:31,04) 200m: 03:11,11 (01:40,07) 300m: 04:50,47 (01:39,36) 400m: 06:30,81 (01:40,34)			
	500m: 08:12,61 (01:41,80) 600m: 09:54,62 (01:42,01) 700m: 11:36,67 (01:42,05) 800m: 13:19,35 (01:42,68)			
	900m: 14:59,59 (01:40,24) 1000m: 16:42,56 (01:42,97) 1100m: 18:24,79 (01:42,23) 1200m: 20:06,82 (01:42,03)			
	1300m: 21:48,55 (01:41,73) 1400m: 23:32,34 (01:43,79) 1500m: 25:12,42 (01:40,08)			

Weiblich AK 45

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Bielitzki, Stefanie	1976/AK 45	DJK Delphin Osterfeld	27:03,08
	100m: 01:32,23 (01:32,23) 200m: 03:16,61 (01:44,38) 300m: 05:05,30 (01:48,69) 400m: 06:56,18 (01:50,88)			
	500m: 08:47,69 (01:51,51) 600m: 10:37,91 (01:50,22) 700m: 12:27,99 (01:50,08) 800m: 14:18,13 (01:50,14)			
	900m: 16:08,63 (01:50,50) 1000m: 17:57,75 (01:49,12) 1100m: 19:47,97 (01:50,22) 1200m: 21:37,48 (01:49,51)			
	1300m: 23:27,31 (01:49,83) 1400m: 25:17,46 (01:50,15) 1500m: 27:03,08 (01:45,62)			

Weiblich AK 40

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Wirth, Sandra	1980/AK 40	Freie Schwimmer Düsseldorf 1910	22:02,51
	100m: 01:18,84 (01:18,84) 200m: 02:44,43 (01:25,59) 300m: 04:10,93 (01:26,50) 400m: 05:38,06 (01:27,13)			
	500m: 07:06,09 (01:28,03) 600m: 08:34,97 (01:28,88) 700m: 10:04,77 (01:29,80) 800m: 11:34,81 (01:30,04)			
	900m: 13:04,75 (01:29,94) 1000m: 14:34,85 (01:30,10) 1100m: 16:05,22 (01:30,37) 1200m: 17:35,78 (01:30,56)			
	1300m: 19:05,09 (01:29,31) 1400m: 20:34,92 (01:29,83) 1500m: 22:02,51 (01:27,59)			
2.	Brunckhorst, Kirsten	1983/AK 40	SC Coesfeld	24:19,08
	100m: 01:25,79 (01:25,79) 200m: 03:00,97 (01:35,18) 300m: 04:38,40 (01:37,43) 400m: 06:16,12 (01:37,72)			
	500m: 07:53,97 (01:37,85) 600m: 09:32,20 (01:38,23) 700m: 11:11,03 (01:38,83) 800m: 12:50,02 (01:38,99)			
	900m: 14:29,03 (01:39,01) 1000m: 16:07,37 (01:38,34) 1100m: 17:45,99 (01:38,62) 1200m: 19:24,62 (01:38,63)			
	1300m: 21:04,46 (01:39,84) 1400m: 22:43,18 (01:38,72) 1500m: 24:19,08 (01:35,90)			

noch Wettkampf 12 - 1500m Freistil mixed

noch Weiblich AK 40

Platz	Schwimmerin	Jg.	Verein	Endzeit
3.	Gallisch, Janine	1981/AK 40	ATV 1878 Dorstfeld	26:36,10
100m: 01:37,42 (01:37,42) 200m: 03:23,93 (01:46,51) 300m: 05:12,28 (01:48,35) 400m: 06:59,17 (01:46,89)				
500m: 08:46,83 (01:47,66) 600m: 10:33,07 (01:46,24) 700m: 12:20,51 (01:47,44) 800m: 14:06,16 (01:45,65)				
900m: 15:54,14 (01:47,98) 1000m: 17:43,15 (01:49,01) 1100m: 19:29,28 (01:46,13) 1200m: 21:15,24 (01:45,96)				
1300m: 23:03,97 (01:48,73) 1400m: 24:52,63 (01:48,66) 1500m: 26:36,10 (01:43,47)				

Weiblich AK 30

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Krysiak, Olga	1991/AK 30	SG Ruhr	21:29,21
100m: 01:17,53 (01:17,53) 200m: 02:43,56 (01:26,03) 300m: 04:10,78 (01:27,22) 400m: 05:37,05 (01:26,27)				
500m: 07:04,28 (01:27,23) 600m: 08:30,59 (01:26,31) 700m: 09:56,84 (01:26,25) 800m: 11:23,61 (01:26,77)				
900m: 12:49,56 (01:25,95) 1000m: 14:16,07 (01:26,51) 1100m: 15:43,61 (01:27,54) 1200m: 17:11,64 (01:28,03)				
1300m: 18:39,32 (01:27,68) 1400m: 20:06,37 (01:27,05) 1500m: 21:29,21 (01:22,84)				

Weiblich AK 25

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Hildebrandt, Mona	1999/AK 25	1. Paderborner SV 1911	23:31,42
100m: 01:23,61 (01:23,61) 200m: 02:56,75 (01:33,14) 300m: 04:30,41 (01:33,66) 400m: 06:05,18 (01:34,77)				
500m: 07:40,04 (01:34,86) 600m: 09:14,92 (01:34,88) 700m: 10:50,03 (01:35,11) 800m: 12:24,68 (01:34,65)				
900m: 13:59,87 (01:35,19) 1000m: 15:34,75 (01:34,88) 1100m: 17:09,97 (01:35,22) 1200m: 18:45,12 (01:35,15)				
1300m: 20:20,47 (01:35,35) 1400m: 21:55,66 (01:35,19) 1500m: 23:31,42 (01:35,76)				

Weiblich AK 20

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Otto, Fabienne	2000/AK 20	swimART-Solingen	18:43,93
100m: 01:08,09 (01:08,09) 200m: 02:20,93 (01:12,84) 300m: 03:35,21 (01:14,28) 400m: 04:49,90 (01:14,69)				
500m: 06:04,59 (01:14,69) 600m: 07:19,78 (01:15,19) 700m: 08:35,09 (01:15,31) 800m: 09:50,29 (01:15,20)				
900m: 11:05,98 (01:15,69) 1000m: 12:22,18 (01:16,20) 1100m: 13:38,53 (01:16,35) 1200m: 14:54,86 (01:16,33)				
1300m: 16:11,64 (01:16,78) 1400m: 17:28,29 (01:16,65) 1500m: 18:43,93 (01:15,64)				
2.	Schäfer, Carolina	2000/AK 20	SG Neuss	21:41,89
100m: 01:16,90 (01:16,90) 200m: 02:42,28 (01:25,38) 300m: 04:08,63 (01:26,35) 400m: 05:35,64 (01:27,01)				
500m: 07:02,94 (01:27,30) 600m: 08:29,31 (01:26,37) 700m: 09:56,04 (01:26,73) 800m: 11:24,89 (01:28,85)				
900m: 12:53,61 (01:28,72) 1000m: 14:22,22 (01:28,61) 1100m: 15:50,64 (01:28,42) 1200m: 17:19,39 (01:28,75)				
1300m: 18:47,63 (01:28,24) 1400m: 20:15,36 (01:27,73) 1500m: 21:41,89 (01:26,53)				

Düsseldorf, den 03.03.2024

Abschnittende: 17:38 Uhr

Protokollende: 17:45 Uhr

gez. Teckentrup, Maja
Schiedsrichter weiblich

gez. Gäth, Holger
Schiedsrichter männlich

gez. Brenner, Frank
Protokollführer